Parental Permission Document

Title of Research Study: *Childhood Unpredictability, Emotion Regulation, and Childhood Schemas: A Measurement and Predictive Modeling Approach*
Investigator: *Madeline Harms, Ph.D.*
Supported By: *University of Minnesota*

What is research?

Doctors and researchers are committed to your child's care and safety. There are important differences between research and treatment plans:

- The goal of research is to learn new things in order to help groups of people in the future. Researchers learn things by following the same plan with a number of participants, so they do not usually make changes to the plan for individual research participants. You, as an individual, may or may not be helped by volunteering for a research study.
- The goal of treatment is to help you get better or to improve your quality of life. Doctors can make changes to your treatment plan as needed.

Why am I being asked to take part in this research study?

We are asking you and your child to take part in this research study because you are the parent of a child between the ages of 12 and 17 and enrolled at El Camino Real Charter High School.

What should I know about being in a research study?

- Someone will explain this research study to you.
- Whether or not your child takes part is up to you and your child.
- You can choose not to have your child take part.
- You can agree to take part and later change your mind.
- Your decision will not be held against you.
- You can ask all the questions you want before you decide.

Who can I talk to?

For questions about research appointments, the research study, research results, or other concerns, call the study team at:

Researcher Name: Madeline Harms, Ph.D. Researcher Affiliation: University of Minnesota Duluth Phone Number: 218-726-6831 Email Address: harms124@d.umn.edu	Study Staff: Justin Jackson Phone Number: 818-809-9696 Email Address: jack2035@d.umn.edu

To reach **the research team:** Please see the "Investigator Contact Information" section at the beginning of this form.

To reach someone outside of the research team: This research has been reviewed and approved by an Institutional Review Board (IRB) within the Human Research Protections Program (HRPP). To share

feedback privately with the HRPP about your or your child's research experience, call the Research Participants' Advocate Line at 612-625-1650 (toll free: 1-888-224-8636) or go to z.umn.edu/participants. You are encouraged to contact the HRPP if:

- Your questions, concerns, or complaints are not being answered by the research team.
- You are having difficulty reaching the research team.
- You want to talk to someone besides the research team.
- You have questions about your or your child's rights as a research participant.
- You want to get information or provide feedback about this research.

Why is this research being done?

The purpose of this research is to learn more about the impacts of childhood environments on mental health outcomes during adolescence and adulthood. This research aims to understand how childhood experiences contribute to emotional and psychological development. We also aim to better recognize how adolescents and adults respond differently to surveys to improve the accuracy of psychological research.

Example questions about childhood upbringing:

> My family life was generally inconsistent and unpredictable from day-to-day (1: strongly disagree – 7: strongly agree)
>
> When I left my house I was never quite certain what would happen in my neighborhood (1: strongly disagree – 7: strongly agree)

How long will the research last?

We expect that your child's participation in this research study will last 20-30 minutes.

How many children / parents will be studied?

We expect about 600 children will be in this research study. There will be a total of 1,200 participants consisting of 600 adolescents and 600 adults from around the United States.

What happens if I say "Yes, I want to be in this research"?

After consenting to participate in the study, your child will be asked to complete a survey during the Fall semester of 2024. The survey should take about 25 minutes and can be completed on your child's own device.

What happens if I do not want to be in this research?

You and your child may decline to participate and it will not be held against you.

What happens if I say "Yes", but I change my mind later?

You and your child can leave the research at any time and it will not be held against you
If you decide to leave the research, contact the investigator so that the investigator can help you

safely withdraw from the study. Choosing not to be in this study or to stop being in this study will not result in any penalty to you or loss of benefit to which you are entitled. Meaning, your choice not to be in this study will not negatively affect your child's relationship with the University of Minnesota or El Camino Real Charter High School.

At any time, you or your child may decide to withdraw from the study. If you withdraw, no more information will be collected from you or your child. When you indicate that you wish to withdraw, the information already collected from you and your child will be used in the study because they will not be able to remove it from the information they have gathered.

What are the risks? Is there any way being in this study could be bad for me or my child?

Although participants are not expected to feel discomfort associated with the study, questions regarding early life experience will be asked. Consequently, this may lead to feelings of discomfort or may provoke uncomfortable memories for some individuals. Participants can choose to not answer questions or participate in study activities that make them uncomfortable. Again, participants are free to withdraw from the study for any reason.

There is some risk of a data breach involving the information we have about you. We comply with the University's security standards to secure your information and minimize risks, but there is always a possibility of a data breach. To protect against this risk, participants will complete the surveys anonymously. All data will be coded with a number that is not associated with personally identifying information. This data will be securely stored in an encrypted and password protected file that is only accessible by the investigators.

What happens to the information collected for the research?

Efforts will be made to limit the use and disclosure of you and your child's personal information, including research study records, to people who have a need to review this information. We cannot promise complete secrecy. Organizations that may inspect and copy your information include the IRB and other representatives of this institution.

We may publish the results of this research or share the resulting data. However, we will keep your name and other identifying information confidential.

We will not ask about child abuse, but if your child tells us about child abuse or neglect, we are legally obligated to report it to state authorities.

Will I have a chance to provide feedback after the study is over?

After the study, you might be asked to complete a survey about your child's experience as a research participant. You do not have to complete the survey if you do not want to. If you do choose to complete the survey, your responses will be anonymous. If you are not asked to complete a survey after the study is over, but you would like to share feedback, please contact the study team or the Human Research Protection Program (HRPP). See the "Who Can I Talk To?" section of this form for

study team and HRPP contact information.

What else do I need to know?

Your child will be entered into a drawing to win one of 50- $20 Amazon gift cards for their participation in this study; the odds of winning are 1 in 12. To receive compensation, your child must complete at least 70% of the survey and pass 50% of the attention checks. Participants who do not pass attention checks or fail to complete at least 70% of the survey will not receive compensation. All payments will be given directly to you. If for any reason you and your child do not complete the whole study, you will still be entered into the drawing.

If your child becomes an adult (turns 18 years old or meets the legal definition of an adult found in Policy HRP-112) while they are still actively participating in this research, they will need to provide their consent (agreement) to continue their participation in this study by signing a consent form.

Consent Statement

Checking the "Yes, I agree to participate" option below will document your permission for you and the named child to take part in this research.

You may print this document for your future reference. Please contact us if you have questions.

Yes, my child and I agree to participate
No, my child and I do not wish to participate.

_____
Printed name of child participant

_____
Printed name of parent [ ] or guardian [ ]
to consent for the child to participate